INTRODUCTION TO THE MAJOR

The Sociology major is the study of the social—social life, social change, and the social causes and consequences of human thinking and behavior. It is an exciting degree that allows students to pursue a multiplicity of careers and interests. With access to world-renowned faculty and one of the best graduate programs in sociology, undergraduates have a unique opportunity to engage in a lively academic environment.

HOW TO USE THIS MAP

Use this map to help plan and guide your experience at UC Berkeley, including academic, co-curricular, and discovery opportunities. Everyone’s Berkeley experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

Visit ue.berkeley.edu/majormaps for the latest version of this major map.

ADVISING

Sociology Advisors guide and support students by providing helpful and timely advising services, clarifying policies and procedures, and encouraging students to achieve their educational goals.

Advising drop-in sessions with advisors and peer advisors are available at 424 & 426 Barrows Hall.

Advising Drop-In Hours:
Monday - Friday 9am-12pm, 1-4pm

Email socadv@berkeley.edu or visit sociology.berkeley.edu/advising for more information and general advising questions.

BUILD YOUR SKILLS

- Understand and apply key sociological concepts and social theories.
- Understand and be able to employ key research methods and data used by social scientists.
- Be prepared to use a sociological lens and skills in future endeavors, in the workplace or community.
- Formulate a well-organized argument supported by evidence.
- Develop effective oral and written communication skills.
- Achieve an understanding of professional, civic, and ethical responsibility.

AMPLIFY YOUR MAJOR

- Enroll in Berkeley Connect in Sociology to connect with faculty and graduate student mentors, and your peers.
- Explore study abroad through the Sociology department.
- Seek hands-on professional development experience to supplement your classroom learning.
- Double major in Media Studies, Legal Studies, or Economics.

“I have internalized a very distinct set of skills that I will take with me into any occupational field I decide to enter. [Sociology] has offered me an invaluable way to see the world.”

– 2018 Sociology Graduate
### Sociology: Design Your Journey

**Bachelor of Arts**

### Explore Your Major

- **First Year**
  - Check in with your Sociology advisor.
  - Map out a 4-year plan in CalCentral.
  - Begin taking Sociology lower division prerequisites.
  - Review Sociology major requirements.
  - Check out Sociology Writing Resources.

### Connect and Build Community

- **First Year**
  - Connect with mentors and students through Berkeley Connect in Sociology.
  - Learn about Sociology department-sponsored undergraduate student organizations.
  - Form study groups with classmates and participate in the SOC 1 and 5 study groups at the Student Learning Center (SLC).

### Discover Your Passions

- **First Year**
  - Learn about the Office of Undergraduate Research and Scholarships.
  - Apply for the SLC Research Associate Program to become acclimated with the research process at Berkeley.
  - Take a DeCal that interests you.
  - Follow a Course Thread of your interest.

### Engage Locally and Globally

- **First Year**
  - Explore study abroad opportunities offered through the Sociology department.
  - Learn about the UC Intercampus Visitor program, which allows you to take a quarter or semester at any UC campus.
  - Explore local events and attractions.

### Reflect and Plan Your Future

- **First Year**
  - Prepare for the job market with a Sociology degree.
  - Apply to the Career Center Internship Program.
  - Map your major to careers.
  - Explore careers and graduate programs at the Career Counseling Library.
  - Plan your career goals with the Yearly Planner.

- **Second Year**
  - Complete your Sociology prerequisites.
  - Enroll in upper division courses of interest.
  - Prepare to declare Sociology as your major.
  - Consult with a major advisor on when to take the Sociological Theory sequence.
  - Go to professor and GSI office hours.

- **Third Year**
  - Check in with your advisor on how to balance your schedule, be on track to fulfill your requirements, and review criteria for the optional Sociology Honors Program.
  - Enroll in elective courses to gain depth of knowledge in a topic or subject.

- **Fourth Year**
  - Complete any remaining major requirements, and enroll in your bucket list classes.
  - Check in with a L&S advisor to make sure you are on track to graduate.
  - Enroll in a SOC 190 capstone seminar course.

### What Can I Do With My Major?

#### Jobs and Employers

- Adjunct Faculty, Ohlone College
- Build/Planning Tech, City of Davis
- Business Dev. Assoc., Oracle Corp.
- Case Admin., US Court of Appeals
- Comms. Assist., Save the Redwoods College Advisor, UC Berkeley
- Fellow-English Teaching Assistant Program Coordinator, AmeriCorps
- Human Resources, Cisco Syst. Inc.
- Paralegal, Fed. Public Defender, D.C.
- Paralegal, Lief, Rifkind, Caproner, LLP
- Park Ranger, National Park Service
- Philanth. Manager, Mission Asset Fund
- Product Designer, Lyft
- Research Assoc., Real Cptl. Analytics
- US Dept of State-Fulbright Scholar

#### Graduate Programs

- Business Administration
- Career Counseling Education
- Health and Medicine
- Law
- Psychology/MFT
- Public Policy
- Social Welfare
- Sociology
- Student Affairs

### Examples gathered from the First Destination Survey of recent Berkeley graduates.

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