INTRODUCTION TO THE MAJOR

The Sociology major is the study of the social—social life, social change, and the social causes and consequences of human thinking and behavior. It is an exciting degree that allows students to pursue a multiplicity of careers and interests. With access to world-renowned faculty and one of the best graduate programs in sociology, undergraduates have a unique opportunity to engage in a lively academic environment.

AMPLIFY YOUR MAJOR

• Enroll in Berkeley Connect in Sociology to connect with faculty and graduate student mentors, and your peers.
• Explore study abroad through the Sociology department.
• Seek hands-on professional development experience to supplement your classroom learning.
• Double major in Media Studies, Legal Studies, or Economics.

SOCIOLOGY
Bachelor of Arts

BUILD YOUR SKILLS

• Understand and apply key sociological concepts and social theories.
• Understand and be able to employ key research methods and data used by social scientists.
• Be prepared to use a sociological lens and skills in future endeavors, in the workplace or community.
• Formulate a well-organized argument supported by evidence.
• Develop effective oral and written communication skills.
• Achieve an understanding of professional, civic, and ethical responsibility.

I have internalized a very distinct set of skills that I will take with me into any occupational field I decide to enter. [Sociology] has offered me an invaluable way to see the world.

- 2018 Sociology Graduate

HOW TO USE THIS MAP

Use this map to help plan and guide your experience at UC Berkeley, including academic, co-curricular, and discovery opportunities. Everyone’s Berkeley experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

CONNECT WITH US

Golden Bear Orientation
Join other students in the major for new student orientation before the start of your Berkeley studies.

Getting Your Bearings
The Department of Sociology hosts an “Open House” every fall semester. For more information, please contact a major advisor.

Events
Attend department events with students, faculty, and staff. Visit sociology.berkeley.edu for news and updates.

ADVISING

Sociology Advisors guide and support students by providing helpful and timely advising services, clarifying policies and procedures, and encouraging students to achieve their educational goals.

Advising drop-in sessions with advisors and peer advisors are available at 424 & 426 Barrows Hall.

Advising Drop-In Hours:
Monday - Friday 9am-12pm, 1-4pm

Email socadv@berkeley.edu or visit sociology.berkeley.edu/advising for more information and general advising questions.

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SOCIOLOGY  Design Your Journey

Bachelor of Arts

**FIRST YEAR**

- **Explore your major**
  - Check in with your Sociology advisor.
  - Map out a 4-year plan in CalCentral.
  - Begin taking Sociology lower division prerequisites.
  - Review Sociology major requirements.
  - Check out Sociology Writing Resources.
  - Consider a second major, minor, or certificate.

- **Connect and build community**
  - Connect with mentors and students through Berkeley Connect in Sociology.
  - Learn about Sociology department-sponsored undergraduate student organizations.
  - Form study groups with classmates and participate in the SOC 1 and 5 study groups at the Student Learning Center (SLC).

- **Discover your passions**
  - Learn about the Office of Undergraduate Research and Scholarships.
  - Apply for the SLC Research Associate Program to become acclimated with the research process at Berkeley.
  - Take a DeCal that interests you.
  - Follow a Course Thread of your interest.

- **Engage locally and globally**
  - Explore study abroad opportunities offered through the Sociology department.
  - Learn about the UC Intercampus Visitor program, which allows you to take a quarter or semester at any UC campus.
  - Explore local events and attractions.

- **Reflect and plan your future**
  - Prepare for the job market with a Sociology degree.
  - Apply to the Career Center Externship Program.
  - Map your major to careers.
  - Explore careers and graduate programs at the Career Counseling Library.
  - Plan your career goals with the Yearly Planner.

**SECOND YEAR**

- **Explore your major**
  - Complete your Sociology prerequisites.
  - Enroll in upper division courses of interest.
  - Prepare to declare Sociology as your major.
  - Consult with a major advisor on when to take the Sociological Theory sequence.
  - Go to professor and GSI office hours.

- **Connect and build community**
  - Meet with a Sociology Peer Advisor.
  - Apply for a leadership role within your student organization.
  - Get involved with the Public Service Center.
  - Explore student organizations outside of your major.
  - Attend Calpalooza to meet clubs of interest.

- **Discover your passions**
  - Apply for the Undergraduate Research Apprenticeship Program (URAP).
  - Map a plan to graduate school using a four-year timeline.
  - Consider a double major or a minor.
  - Take a Big Ideas course to exchange ideas between disciplines.

- **Engage locally and globally**
  - Consider Berkeley Study Abroad programs and see how it may fit into your plan.
  - Look for opportunities to volunteer on campus and in the Berkeley community.
  - Join student government to represent your peers and develop leadership skills.

- **Reflect and plan your future**
  - Conduct informational interviews in fields of interest.
  - Join Handshake to find Berkeley job opportunities.
  - Attend Career Connection events and network with alumni.

**THIRD YEAR**

- **Explore your major**
  - Check in with your advisor on how to balance your schedule, be on track to facilitate your requirements, and review criteria for the optional Sociology Honors Program.
  - Enroll in elective courses to gain depth of knowledge in a topic or subject.

- **Connect and build community**
  - Apply for the Sociology Honors Society, Alpha Kappa Delta.
  - Submit your work for publication in Eleven—The Undergraduate Journal of Sociology.
  - Apply to be a Sociology Peer Advisor.

- **Discover your passions**
  - Discuss your sociological interests with faculty.
  - Explore research and potential funding, learn how to develop a proposal.
  - Apply for research fellowships, such as Cal ADAR, Center for Ethnographic Research (CER), or Labor Summer.

- **Engage locally and globally**
  - Apply for internships locally or globally through Global Internships.
  - Study, intern, and do research at Washington D.C. through UCDC and CITC.
  - Consider the Alternative Breaks program to go on service trips during the spring or winter breaks.

- **Reflect and plan your future**
  - Explore the First Destination Survey results to find out what Sociology graduates are doing.
  - Attend career or graduate school fairs.
  - Check out resources from the American Sociological Association.
  - Consider applying for summer work or internships.

**FOURTH YEAR**

- **Explore your major**
  - Complete any remaining major requirements, and enroll in your bucket list classes.
  - Check in with a L&S advisor to make sure you are on track to graduate.
  - Enroll in a SOC 190 capstone seminar course.

- **Connect and build community**
  - Become an L&S Peer Advisor.
  - Tutor at the SLC or lead an SLC Study Group through the Social Science Program.
  - Apply to be a Golden Bear Orientation Student Leader.

- **Discover your passions**
  - Teach your own DeCal course.
  - Apply to the Institute for the Study of Societal Issues (ISSI) to conduct interdisciplinary research on societal issues.

- **Engage locally and globally**
  - Apply for a post-graduation fellowship.
  - Apply for a leadership role within your student organization.
  - Attend events or programs at Berkeley Arts + Design or Jacobs Institute for Design and Innovation.

- **reflect and plan your future**
  - Attend Job Search Boot Camp for seniors and apply to jobs or graduate programs.
  - Boost your networking skills and make Berkeley Career Network connections.
  - Prepare for the job market with a Sociology degree.

**WHAT CAN I DO WITH MY MAJOR?**

- Jobs and Employers:
  - Adjunct Faculty, Ohlone College
  - Build/Planning Tech, City of Davis
  - Business Dev. Assoc., Oracle Corp.
  - Case Admin., US Court of Appeals
  - Comms. Assist., Save the Redwoods
  - College Advisor, UC Berkeley
  - Fellow-English Teaching Assistant
  - Fellow-Program Coord., AmeriCorps
  - Human Resources, Cisco Syst. Inc.
  - Paralegal, Fed. Public Defender, D.C.
  - Park Ranger, National Park Service
  - Philanth. Manager, Mission Asset Fund
  - Product Designer, Lyft
  - Research Assoc., Real Cptl. Analytics
  - US Dept of State-Fulbright Scholar

- Graduate Programs:
  - Business Administration
  - Career Counseling
  - Education
  - Health and Medicine
  - Law
  - Psychology/MFT
  - Public Policy
  - Social Welfare
  - Sociology
  - Student Affairs

**Examples gathered from the First Destination Survey of recent Berkeley graduates.**

**Last Updated: 060920**