INTRODUCTION TO THE MAJOR

The Sociology major is the study of the social—social life, social change, and the social causes and consequences of human thinking and behavior. It is an exciting degree that allows its students to pursue a multiplicity of careers and interests. With access to world-renowned faculty and one of the best graduate programs in sociology, undergraduates have a unique opportunity to engage in a lively academic environment.

HOW TO USE THIS MAP

Use this map to help plan and guide your experience at UC Berkeley, including academic, co-curricular, and discovery opportunities. Everyone's Berkeley experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

VISIT VCUE.BERKELEY.EDU/MAJORMAPS FOR THE LATEST VERSION OF THIS MAJOR MAP.

CONNECT WITH US

Golden Bear Orientation
Join other students in the major for new student orientation before the start of your Berkeley studies. orientation.berkeley.edu.

Getting Your Bearings
On August 27, join us for the Sociology Department Tour, offered by our current Sociology major peer advisers. Meet us at 10am in 410 Barrows Hall.

Events
Attend department events with students, faculty, and staff. Visit sociology.berkeley.edu for news and updates.

ADVISING

Sociology Advisors guide and support students by providing helpful and timely advising services, clarifying policies and procedures, and encouraging students to achieve their educational goals.

Advising drop-in sessions with advisors and peer advisors are available at 424-426 Barrows Hall.

Advising Drop-In Hours:
Monday - Friday 9am-12pm, 1-4pm.

Email socadv@berkeley.edu or visit sociology.berkeley.edu/advising for more information and general advising questions.

BUILD YOUR SKILLS

- Understand and apply key sociological concepts and social theories.
- Understand and be able to employ key research methods and data used by social scientists.
- Be prepared to use a sociological lens and skills in future endeavors, in the workplace or community.
- Formulate a well-organized argument supported by evidence.
- Develop effective oral and written communication skills.
- Achieve an understanding of professional, civic, and ethical responsibility.

“I have internalized a very distinct set of skills that I will take with me into any occupational field I decide to enter. [Sociology] has offered me an invaluable way to see the world.”

– 2018 Sociology Graduate

AMPLIFY YOUR MAJOR

- Enroll in Berkeley Connect in Sociology to connect with faculty and graduate student mentors, and your peers.
- Explore study abroad through the Sociology department.
- Pursue potential Sociology funding for your own research project.
- Double major in Media Studies, Legal Studies, or Economics.
**SOCILOGY DESIGN YOUR JOURNEY**

**Bachelor of Arts**

**FIRST YEAR**
- **Explore your major**
  - Check in with your Sociology advisor.
  - Map out a 4-year plan in CalCentral.
  - Begin taking Sociology lower division prerequisites.
  - Review Sociology major requirements.
  - Check out Sociology Writing Resources.
  - Consider a second major, minor, or certificate.

**SECOND YEAR**
- **Connect and build community**
  - Connect with mentors and students through Berkeley Connect in Sociology.
  - Learn about Sociology department-sponsored undergraduate student organizations.
  - Form study groups with classmates and participate in the SLC SOC 1 and 5 study groups.
  - Meet with a Sociology Peer Advisor.
  - Apply for a leadership role within your student organization.
  - Get involved with the Public Service Center.
  - Explore student organizations outside of your major.
  - Attend Calapalooza to meet clubs of interest.

**THIRD YEAR**
- **Discover your passions**
  - Learn about the Office of Undergraduate Research and Scholarships.
  - Apply for the SLC Research Associate Program to become acclimated with the research process at Berkeley.
  - Take a DeCal that interests you.
  - Follow a Course Thread of your interest.
  - Apply for the Undergraduate Research Apprenticeship Program (URAP).
  - Map a plan to graduate school using Step-by-Step.
  - Consider a double major or a minor.
  - Take a Big Ideas course to exchange ideas between disciplines.

**FOURTH YEAR**
- **Engage locally and globally**
  - Explore study abroad opportunities offered through the Sociology department.
  - Learn about the UC Intercampus Visitor program, which allows you to take a quarter or semester at any UC campus.
  - Explore local events and attractions.
  - Consider Berkeley Study Abroad programs and see how it may fit into your plan.
  - Look for opportunities to volunteer on campus and in the Berkeley community.
  - Join student government to represent your peers and develop leadership skills.
  - Apply for internships locally or globally through Global Internships.
  - Study, intern, and do research at Washington D.C. through UCDC and CITC.
  - Consider the Alternative Breaks program to go on service trips during the spring or winter breaks.

- **Reflect and plan your future**
  - Prepare for the job market with a Sociology degree.
  - Apply to the Career Center Internship Program.
  - Map your major to careers.
  - Explore careers and graduate programs at the Career Counseling Library.
  - Plan your career goals with the Yearly Planner.
  - Conduct informational interviews in fields of interest.
  - Build your job or internship search skills at a Job Search Essentials session.
  - Join Handshake to find Berkeley job opportunities.
  - Attend Career Connection events and network with alumni.

- **WHAT CAN I DO WITH MY MAJOR?**
  - Jobs and Employers
    - Adjunct Faculty, Ohlone College
    - Build/Planning Tech, City of Davis
    - Business Dev. Assoc., Oracle Corp
    - Case Admin., US Court of Appeals
    - Comms. Assist., Save the Redwoods
    - College Advisor, UC Berkeley
    - Fellow-English Teaching Assistant
    - Fellow-Program Coord., AmeriCorps
    - Human Resources, Cisco Sys. Inc.
    - Paralegal, Fed. Public Defender, D.C.
    - Paralegal, Lieff, Cabraser, LLP
    - Park Ranger, National Park Service
    - Philanth. Manager, Mission Asset Fund
    - Product Designer, Lyft
    - Research Assoc., Real Cptl. Analytics
    - US Dept of State-Fulbright Scholar
  
  - Graduate Programs
    - Business Administration
    - Career Counseling
    - Ed. in Health and Medicine
    - Law
    - Psychology/MFT
    - Public Policy
    - Social Work
    - Sociology
    - Student Affairs

- **Your Major to Careers**
  - Check out the Career Destinations Survey to find out what Sociology graduates are doing.
  - Attend career or graduate school fairs.
  - Check out American Sociological Association resources.
  - Consider applying for summer work or internships.
  - Explore the Career Destinations Survey

- **WHAT CAN I DO**
  - Attend Job Search Boot Camp for Seniors and apply to jobs or graduate programs.
  - Boost your networking skills and make Berkeley Career Network connections.
  - Prepare questions for informational interviews.

- **Last Updated: 09/2019**