**INTRODUCTION TO THE MAJOR**

Public Health is the interdisciplinary science of preventing disease and injury to improve the health of communities and populations. Public health professionals work to identify solutions to address complex issues as wide ranging as air pollution, chronic disease, gun violence, infectious diseases, tobacco control and mental health.

The School of Public Health offers a **major** and **summer minor** that includes epidemiology, biostatistics, environmental health, and health policy. The curriculum prepares students to become changemakers in public health, for a more equitable and just world.

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**AMPLIFY YOUR MAJOR**

- Let your voice be heard by joining **The Public Health Advocate**.
- Find out what is “public health” by taking PB HLTH 116.
- Get involved with the **Peer Health Exchange**.
- Serve as a **UHS Health Worker**.
- Get an international perspective through **study abroad** or the **Global Poverty and Practice minor**.

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I knew I was extremely passionate about health and healthcare, but I didn’t know exactly what role I wanted to pursue....The major allows you to explore and get a feel for what best fits you.

– Mia Salvini, Class of 2020

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**THE UNDERGRADUATE PROGRAM**

Undergraduate students in the College of Letters & Science can apply to the Public Health major after completing the lower division requirements. It is highly recommended to apply by the end of sophomore year. Students should also take steps to declare an alternate major, as Public Health is a capped major with limited capacity. Visit publichealth.berkeley.edu/admissions/undergraduate/ for more information about admission to Public Health. Be sure to also check in with a peer advisor.

Admissions rate ~81.5%

Average GPA of accepted students (2017 - 18):
- Prerequisite: 3.44
- Overall: 3.43

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**CONNECT WITH US**

**Cal Day**
Come to UC Berkeley’s annual **Open House** in April for information sessions, campus tours, special talks, and more.

**Golden Bear Orientation**
Join your peers in the campus-wide UC Berkeley orientation program for all new students.

**Events**
Attend department events with students, staff, and faculty. View the Public Health Undergraduate Newsletter at [facebook.com/sphundergraduate](http://facebook.com/sphundergraduate).

**ADVISING**
Advisor email: sphug@berkeley.edu
Advisor Appointments: sphug.setmore.com
Advisor Drop-In Hours: tinyurl.com/sphugdrop-in

Peer Advisor email: sphugpeers@berkeley.edu
Peer Advisor Appointments: sphug.setmore.com
Peer Advisor Drop-in Hours: tinyurl.com/sphugpeers

Appointments are viewable 10 days in advance. Drop-in hours are updated weekly.

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**HOW TO USE THIS MAP**

Use this map to help plan and guide your experience at UC Berkeley, including academic, co-curricular, and discovery opportunities. Everyone’s Berkeley experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

Visit vcue.berkeley.edu/majormaps for the latest version of this major map.
# Public Health Bachelor of Arts

## Design Your Journey

### First Year
- **Explore your major**
  - Meet with your major and college advisor to discuss your academic plans.
  - Review major and college requirements. Check out sample plans for intended public health majors.
  - Talk to Public Health peer advisors for coursework advice and to learn about the major.

### Second Year
- **Connect and build community**
  - Get a mentoring experience with Berkeley Connect and L&S Mentors Program.
  - Join the Public Health Facebook page.
  - Find study groups, tutoring, and academic support at the Student Learning Center (SLC).
  - Join a Public Health student group such as the Cal Undergraduate Public Health Coalition.

- **Discover your passions**
  - Enroll in a Sophomore Seminar. Big Ideas Course or Discovery Course.
  - Assist faculty and graduate students in their research through URAP, UROC, and SURF-SMART.
  - Get inspired by research taking place in the School of Public Health.

- **Engage locally and globally**
  - Find service opportunities through the Public Service Center.
  - Explore study, internship, and research abroad options with Berkeley Study Abroad.
  - Check out volunteer opportunities in health and medicine.

- **Reflect and plan your future**
  - Visit the Career Center and Career Counseling Library.
  - Check out the Career Center Yearly Planner.
  - Sign up for Handshake and CareerMail.
  - Explore career fields through the Career Connections Series or a winter externship.

### Third Year
- **Third Year**
  - Review your degree progress with your major and college advisors.
  - Start satisfying upper division requirements.
  - Get familiar with the capstone requirement and pick the capstone option that best suits you.

### Fourth Year
- **Fourth Year**
  - Complete upper division prerequisites and apply to the major at the end of your sophomore year.
  - Look for courses that can satisfy both college requirements and major prerequisites.
  - Explore the different electives in Public Health.
  - Review major guidelines for study abroad.

- **WHAT CAN I DO WITH MY MAJOR?**
  - The Public Health major is primarily intended to prepare students for graduate study in a variety of fields. Students who work after obtaining their degree are employed by government, private, and nonprofit organizations.

- **Jobs and Employers**
  - Asst. Clinical Research Coordinator, UCSF
  - Asst. Language Teacher, JET
  - Community Worker, Alameda Health Consultant, Kaiser Permanente
  - Data Scientist, Euclid Analytics
  - Disaster Preparedness Mgr., AmeriCorps
  - Emergency Planning Aide, City of SF Family Advocate, YMCA
  - Fellow, Congress. Hispanic Caucus
  - Health Educator, Marin City
  - HIV Counselor, AIDS Healthcare Foundation Volunteer, Collective Health
  - Member Advocate, Collective Health
  - HIV Counselor, AIDS Healthcare Foundation
  - Fellow, Congress. Hispanic Caucus
  - Family Advocate, YMCA
  - Emergency Planning Aide, City of SF
  - Asst. Language Teacher, JET
  - Community Worker, Alameda Health Consultant, Kaiser Permanente
  - Data Scientist, Euclid Analytics
  - Disaster Preparedness Mgr., AmeriCorps
  - Emergency Planning Aide, City of SF Family Advocate, YMCA
  - Fellow, Congress. Hispanic Caucus

- **Graduate Programs**
  - Biological Sciences, Masters
  - Biostatistics, PhD
  - Education, Masters
  - Epidemiology, Masters
  - Interdisciplinary Studies, Masters
  - Law, JD
  - Medicine, MD
  - Nursing, Masters
  - Optometry, OD
  - Pharmacy, PharmD
  - Public Health, Masters, MPH

- **Examples gathered from the First Destination Survey of recent Berkeley graduates**

- **Updated Last: 03/30/2021**