Bachelor of Arts

INTRODUCTION TO THE MAJOR

Public Health is the interdisciplinary science of preventing disease and injury to improve the health of communities and populations. Public health professionals work to identify solutions to address complex issues as wide ranging as air pollution, chronic disease, gun violence, infectious diseases, tobacco control and mental health.

The School of Public Health offers a major and summer minor that includes epidemiology, biostatistics, environmental health, and health policy. The curriculum prepares students to become changemakers in public health, for a more equitable and just world.

CONNECT WITH US

Cal Day
Come to UC Berkeley’s annual Open House in April for information sessions, campus tours, special talks, and more.

Golden Bear Orientation
Join your peers in the campus-wide UC Berkeley orientation program for all new students.

Events
Attend department events with students, staff, and faculty. View the Public Health Undergraduate Newsletter at facebook.com/sphundergraduate.

ADVISING

Advisor email: sphug@berkeley.edu
Advisor Appointments: sphug.setmore.com
Advisor Drop-In Hours: tinyurl.com/sphugdrop-in

Peer Advisor email: sphugpeers@berkeley.edu
Peer Advisor Appointments: sphug.setmore.com
Peer Advisor Drop-in Hours: tinyurl.com/sphugpeers

Appointments are viewable 10 days in advance. Drop-in hours are updated weekly.

I knew I was extremely passionate about health and healthcare, but I didn’t know exactly what role I wanted to pursue....The major allows you to explore and get a feel for what best fits you.

– Mia Salvini, Class of 2020

THE UNDERGRADUATE PROGRAM

Undergraduate students in the College of Letters & Science can apply to the Public Health major after completing the lower division requirements. It is highly recommended to apply by the end of sophomore year. Students should also take steps to declare an alternate major, as Public Health is a capped major with limited capacity. Visit publichealth.berkeley.edu/admissions/undergraduate/ for more information about admission to Public Health. Be sure to also check in with a peer advisor.

Admissions rate ~81.5%
Average GPA of accepted students (2017 - 18)
Prerequisite 3.44 Overall 3.43

AMPLIFY YOUR MAJOR

- Let your voice be heard by joining The Public Health Advocate.
- Find out what is “public health” by taking PB HLTH 116.
- Get involved with the Peer Health Exchange.
- Serve as a UHS Health Worker.
- Get an international perspective through study abroad or the Global Poverty and Practice minor.

HOW TO USE THIS MAP

Use this map to help plan and guide your experience at UC Berkeley, including academic, co-curricular, and discovery opportunities. Everyone's Berkeley experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

Visit ue.berkeley.edu/majormaps for the latest version of this major map.

Berkeley Public Health
2121 Berkeley Way West, Suite 2210
Berkeley, CA 94720
publichealth.berkeley.edu/undergraduate
PUBLIC HEALTH
Bachelor of Arts

DESIGN YOUR JOURNEY

**FIRST YEAR**
- Explore your major
  - Meet with your major and college advisor to discuss your academic plans.
  - Review major and college requirements. Check out sample plans for intended public health majors.
  - Talk to Public Health peer advisors for coursework advice and to learn about the major.
- Connect and build community
  - Winter internship through the career fields Career Explore.
  - Sign up for CareerMail.
  - Check out the Career Center Library.
- Discover your passions
  - Explore new interests in a Freshman Seminar or student-run DeCal course.
  - Enroll in a Sophomore Seminar, Big Ideas Course or Discovery Course.
  - Contribute to a community organization with an American Cultures Engaged Scholarship course.
- Engage locally and globally
  - Visit the Career Center and Career Counseling Library.

**SECOND YEAR**
- Second Year
  - Complete lower division prerequisites and apply to the major at the end of your sophomore year.
  - Look for courses that can satisfy both college requirements and major prerequisites.
  - Review the different electives in Public Health.
  - Follow the Public Health newsletter and start attending department events.
  - As a rising junior, consider the Fung Fellowships for Wellness and Technology Innovations.
  - Get to know professors and graduate student instructors during their office hours.
- Connect and build community
  - Get involved in a campus organization in a concentration you enjoy or facilitate your own DeCal.
  - Explore ethical issues in health and medicine with the Health and Medical Apprenticeship Program.
  - Experience life at another UC or college as a visitor and exchange program.
  - Experience student life in Washington D.C. with UCDC.
- Discover your passions
  - Find service opportunities through the Public Service Center.

**THIRD YEAR**
- Major
  - Review your degree progress with your major and college advisors.
  - Start satisfying upper division requirements.
  - Get familiar with the capstone requirement and pick the capstone option that best suits you.
- Connect and build community
  - Join a professional association such as the American Public Health Association.
  - Connect with alumni groups like Public Health Alumni Association and build your network as you prepare to graduate.
  - Continue utilizing clubs as a way to stay connected to peers interested in public health.
- Discover your passions
  - Experience international perspectives on public health.

**FOURTH YEAR**
- Major
  - Do a degree check to ensure you are on track to graduate.
  - Complete any “bucket list” courses and remaining major, college, and campus requirements.
  - Complete your capstone requirement.
- Connect and build community
  - Join the Mentors Program.
  - Visit the Berkeley Undergraduate Public Health Coalition.
  - Get familiar with the upper division requirements.
  - Complete any “bucket list” courses and remaining major, college, and campus requirements.
- Discover your passions
  - Start satisfying学位 requirements.

**WHAT CAN I DO WITH MY MAJOR?**

The Public Health major is primarily intended to prepare students for graduate study in a variety of fields. Students who work after obtaining their degree are employed by government, private and nonprofit organizations.

**Jobs and Employers**
- Asst. Clinical Research Coordinator, UCSF
- Asst. Language Teacher, JET
- Community Worker, Alameda Health Consultant, Kaiser Permanente
- Data Scientist, Euclid Analytics
- Disaster Preparedness Mgr., AmeriCorps
- Emergency Planning Aide, City of SF
- Family Advocate, YMCA
- Fellow, Congress: Hispanic Caucus Health Educator, Marin City
- HIV Counselor, AIDS Healthcare Foundation Member Advocate, Collective Health
- Policy Analyst, The City Project Program Coordinator, Ctr. for Care Public Health Advisor, CDC
- Research Asst., MD Anderson Cancer Research Analyst, UCSF
- Strategy Consultant, Accenture
- Volunteer, Peace Corps

**Graduate Programs**
- Biological Sciences, Masters
- Biostatistics, PhD
- Education, Masters
- Epidemiology, Masters
- Interdisciplinary Studies, Masters
- Law, JD
- Medicine, MD
- Nursing, Masters
- Optometry, OD
- Pharmacy, PharmD
- Public Health, Masters, MPH

**Examples gathered from the First Destination Survey of recent Berkeley graduates**

Updated Last: 04/19/2022