INTRODUCTION TO THE MAJOR

Psychology as a scientific discipline aims to describe, understand, and predict the behavior of living organisms. At Berkeley, the diversity of our discipline’s mission covers six key areas of research; Behavioral and Systems Neuroscience, Clinical Science, Cognition, Cognitive Neuroscience, Developmental, and Social-Personality Psychology. The Psychology major fosters methodological, statistical, and critical thinking skills that are relevant to all of these areas.

Whether you are focused on graduate school, how to make lasting change with social justice, or finding out what makes people tick, there is an opportunity for you with Psychology.

ADMISSION TO THE MAJOR

Though Psychology is a capped major, last year, we admitted 90% of Berkeley’s internal applicants.

77% admitted upon first review  
17% admitted upon second review  
10% denied admission

AMPLIFY YOUR MAJOR

• Gain experience as a research assistant.  
• Earn credit for the Psychology major while studying abroad.  
• Take a DeCal in Psychology or facilitate one.  
• Attend workshops hosted by Psychology peer advisors.

HOW TO USE THIS MAP

Use this map to help plan and guide your experience at UC Berkeley, including academic, co-curricular, and discovery opportunities. Everyone’s Berkeley experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

CONNECT WITH US

Cal Day  
Come to Berkeley’s annual Open House in April for information sessions, campus tours, special talks, and more.

Golden Bear Orientation  
Join your peers in the campus-wide UC Berkeley orientation program for all new students.

Events  
Attend department events with students, staff, and faculty. Visit the Weekly Opportunities webpage for news and updates.

ADVISING

Students are welcome to drop-in and talk with a peer advisor or major advisor in our office located on the 2nd floor of Berkeley Way West (2121 Berkeley Way at Shattuck) in Suite 2210.

Advising Drop-In Hours:  
Monday - Friday 9am-12pm, 1-4pm

For more information on connecting with an advisor, visit psychology.berkeley.edu/students/undergraduate-program/academic-advising or email psychsso@berkeley.edu.

“ There is a refreshing, child-like quality of curiosity & pursuit of important science. ”

– Professor Robert Levenson

Visit vcue.berkeley.edu/majormaps for the latest version of this major map.
**PSYCHOLOGY**

**Bachelor of Arts**

**DESIGN YOUR JOURNEY**

<table>
<thead>
<tr>
<th>FIRST YEAR</th>
<th>SECOND YEAR</th>
<th>THIRD YEAR</th>
<th>FOURTH YEAR</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Explore your major</strong></td>
<td><strong>Connect and build community</strong></td>
<td><strong>Discover your passions</strong></td>
<td><strong>Engage locally and globally</strong></td>
</tr>
<tr>
<td>@ CAL: Complete PSYCH 1 &amp; 3 major prerequisites. Get familiar with Psychology major requirements by meeting a peer advisor</td>
<td>@ CAL: Discover campus organizations at Calapalooza in August. Explore Berkeley Connect. Follow @PsychPeerAdvisorCal on Instagram</td>
<td>@ CAL: Learn about research opportunities at the Undergraduate Research and Scholarships Fair in October.</td>
<td>@ CAL: Find internship and volunteer opportunities in the Psychology Weekly Opportunities. Engage in community service opportunities through the Public Service Center.</td>
</tr>
<tr>
<td>@ CC: Review major requirements and course work through assist.org and complete Psych 1 &amp; 3 prerequisites.</td>
<td>@ CC: Connect with a transfer advisor and get involved with Psychology related student groups on your campus.</td>
<td>@ CAL: Apply to research positions through OURS or departmental research opportunities.</td>
<td>@ CC: Find internship and volunteer opportunities.</td>
</tr>
<tr>
<td><strong>Reflect and plan your future</strong></td>
<td><strong>WHAT CAN I DO WITH MY MAJOR?</strong></td>
<td><strong>Your Career Plan Here:</strong></td>
<td><strong>Graduate Programs</strong></td>
</tr>
<tr>
<td>@ CAL: Explore careers and graduate programs through the Career Counseling Library and O’Net.</td>
<td>Jobs and Employers</td>
<td></td>
<td>Psychology graduates may pursue advanced degrees such as Masters, PhD, PsyD, etc. in areas such as:</td>
</tr>
<tr>
<td>@ CC: Explore O’Net and your campus’ career and transfer center.</td>
<td>@ CAL: Complete PSYCH 101 and 102.</td>
<td>Business</td>
<td>Business</td>
</tr>
<tr>
<td><strong>Address</strong></td>
<td><strong>WHAT CAN I DO</strong></td>
<td>Cognitive Psychology</td>
<td>Cognitive Psychology</td>
</tr>
<tr>
<td>@ CAL: Meet with a major advisor, complete your Psychology prerequisites, and apply to the major.</td>
<td>Your Career Plan Here:</td>
<td>Counseling Psychology</td>
<td>Counseling Psychology</td>
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<td>@ CC: Connect with a UCB Psychology major advisor, complete Psychology and UCB prerequisites and apply to Cal</td>
<td>Explore post-graduation fellowship opportunities.</td>
<td>Data Science</td>
<td>Data Science</td>
</tr>
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<td><strong>Exploration</strong></td>
<td>@ CAL: Meet with a major advisor, complete your Psychology prerequisites, and apply to the major.</td>
<td>Explore Gap Year opportunities for a break before graduate school.</td>
<td>Developmental &amp; Child Psych.</td>
</tr>
<tr>
<td>@ CC: Connect with a transfer advisor and complete Psych 1 &amp; 3 prerequisites.</td>
<td>Talk with a major advisor about doing an optional senior honors thesis or participating in research through URAP or Psychology Independent Study.</td>
<td>Elementary Education</td>
<td>Elementary Education</td>
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<td><strong>Experiences</strong></td>
<td>@ CC: Connect with a UCB Psychology major advisor, complete Psychology and UCB prerequisites and apply to Cal</td>
<td>Complete L&amp;S breadth and Tier II &amp; III requirements.</td>
<td>Law</td>
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<td>@ CC: Connect with a transfer advisor and complete Psych 1 &amp; 3 prerequisites.</td>
<td>Explore electives in related fields.</td>
<td>Explore post-graduation fellowship opportunities.</td>
<td>Management Science</td>
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<td><strong>Graduation</strong></td>
<td>Talk with a major advisor about doing an optional senior honors thesis or participating in research through URAP or Psychology Independent Study.</td>
<td>Take PSYCH 102 to advance your research skills.</td>
<td>Medicine</td>
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<td><strong>Future</strong></td>
<td>Write an optional senior honors thesis.</td>
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<td>Physical Therapy</td>
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<td><strong>Career Paths</strong></td>
<td><strong>WHAT CAN I DO WITH MY MAJOR?</strong></td>
<td>Explore electives in related fields.</td>
<td>Psychology</td>
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<td>@ CAL: Meet with a major advisor, complete your Psychology prerequisites, and apply to the major.</td>
<td>Jobs and Employers</td>
<td>Engage with other Honors students and their research through the Honors seminar.</td>
<td>Social Sciences</td>
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<tr>
<td>@ CC: Connect with a UCB Psychology major advisor, complete Psychology and UCB prerequisites and apply to Cal</td>
<td>Explore post-graduation fellowship opportunities.</td>
<td>Connect with Alumni through the Cal Alumni Association.</td>
<td>Social Work</td>
</tr>
</tbody>
</table>

__Examples gathered from the First Destination Survey of recent Berkeley graduates._

- Associate Consultant, Triage Consulting
- Case Mgr., Red Hook Comm. Justice Design Strategist, Foldit
- Health Educator, Marin City Health HR Generalist, UC Berkeley
- Product Designer, Apple
- Project Manager, Yahoo!
- Psych. Tech., Albertina Kerr Campus
- Research Tech., Washington Univ.
- Teacher, Sierra School
- Therapist, Behavioral Health Works

__Updated Last: 060920__

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__Graduate Programs__

- Psychology graduates may pursue advanced degrees such as Masters, PhD, PsyD, etc. in areas such as:
  - Business
  - Cognitive Psychology
  - Counseling Psychology
  - Data Science
  - Developmental & Child Psych.
  - Elementary Education
  - Law
  - Management Science
  - Medicine
  - Physical Therapy
  - Physiology
  - Management Science
  - Medicine
  - Physical Therapy
  - Psychology
  - Social Sciences
  - Social Work

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